

# North Yorkshire & South Durham Track & Field

Fixture 6: Middlesbrough 14th July

Track		Field	
Approx Time		Approx Time	
6.45	800m Graded U17/Sen Men Wom	6.10	Hammer U17/Men & Wom Pole Vault U13/U15/U17/U20/vet/Men & Wom
6.55	100m U13 Girls 100m U15 Girls 100m U13 Boys 100m U15 Boys 100m Graded U17/Sen Men Wom	6.45	Long Jump u11 Girls 6.45 Cricket Ball u11 Boys Shot U13 Boys /Girls
7.20	75m U11 Boy/Girls	7.15	Shot U15 Boys/Girls Long Jump U13 Boys /Girls
7.25	1500/2k Steeplechase U17/U20/Sen Men Inc NECAA Championship for U17 & U20 Men	7.45	Long Jump U15 Boys / Girls Shot U17/Sen Men & Wom
7.40	800m U13 Girls 800m U15 Girls 800m U13 Boys 800m U15 Boys 1500m Graded U17/Sen Men Wom	8.05	Long Jump U17/Sen Men & Wom

## Notes:

Graded Races are for U17 to Senior Men & Women **ONLY**

## Field Events

2 Trials for U11's

3 Trials for all other age groups\*

4 trials for top 6 subject to referee's discretion

\*Where the number of long jump competitors is high and there are insufficient officials to operate two pits - the referee may decide to curtail competition to

## FOR ALL THROWING EVENTS:

"Sen" includes U20 and Vets who should throw the **appropriate weight for their age category.**