[](http://www.google.co.uk/url?sa=i&source=imgres&cd=&cad=rja&uact=8&ved=0CAwQjRw&url=http%3A%2F%2Fbluetokay.co.uk%2Fpermanent-displays&ei=aURKVdLhJOiR7Abq14H4DQ&psig=AFQjCNFG-h2K-Taavf962cXklZEjUanRJA&ust=1431016937701370) GIBSIDE STABLES

**M & C HARRIERS TRAINING WEEKEND (Friday 4th Sept – Sunday 6th Sept 2015)**

ALL WELCOME!!!

COST: £22 for one night (Friday OR Saturday)

£32 for both nights (Friday AND Saturday)

Includes breakfast/s and evening meal Saturday. Please bring own snacks,alcohol/soft drinks

ITINERY

**Friday 4th**: 5pm onwards - Arrival at Gibside

6pm – 9pm - Gibside Beer Garden and Live Music

9pm onwards - Stables Residential Centre, relaxing, socialising

**Saturday 5th**: 9am – 10am - Gibside Park Run

10am – 5pm – Time to explore: Gibside Farmers Market

Gibside Cafe/Stables Coffee Shop

Gibside grounds/riverside walks etc

Metro Centre (nearby)

6pm onwards – Stables Residential Centre, BBQ, Beer, Quiz

**Sunday 6th**: 10:30am – Training session around Gibside Grounds

1pm – Checkout time!

1pm onwards – Gibside grounds/facilities available to use all day

[](http://www.google.co.uk/url?sa=i&source=imgres&cd=&cad=rja&uact=8&ved=0CAwQjRw&url=http%3A%2F%2Fwww.thejournal.co.uk%2Fnews%2Fnorth-east-news%2Fpie-pint--not-usual-4416812&ei=y0BKVce_L5ON7AbnlIH4Cw&psig=AFQjCNFhCE6vOqrdUvn0rFsCPtEbV_QPtg&ust=1431016011845826) [](http://www.google.co.uk/url?sa=i&source=imgres&cd=&cad=rja&uact=8&ved=0CAwQjRw&url=https%3A%2F%2Fwww.flickr.com%2Fgroups%2Fgibside-parkrun%2F&ei=d0JKVZGqFKWp7Aat1oDoBw&psig=AFQjCNFLyv3WY0UVHOuQYRQ4kh48kmT1Dw&ust=1431016439417881)[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRw&url=http%3A%2F%2Fwww.thejournal.co.uk%2Fculture%2Frestaurants-bars%2Ffestive-treats-are-all-around-4401082&ei=LUFKVfOsLYWa7AaW14GoDg&psig=AFQjCNEC6hc2kq0jBdl6lpJNSjFruumWZg&ust=1431016103377714)

Gibside Beer Garden Gibside Park Run Gibside Farmers Market

Payments can be made by Cash/Cheque (in a named envelope please!)

Deposit: £15 (1 night) £20 (2 nights) Please specify which night/s due by Sunday 31st May

Final payment: £7 (1 night) £12 (2 nights) due by Sunday 28th June

**OR** make full payment by Sunday 31st May

You will need to bring: Sleeping bag/pillow case & PJ’s!!!

Running/training gear

Snacks/Alcohol/Soft Drinks

PLEASE COME ALONG AND SUPPORT THIS CLUB EVENT!!!!!